

DIGITAL INCLUSION

Digital Champions



Mental Health Co-Design

Do you work, volunteer or provide care and support for mental health in Scotland?

Are you interested in learning more about helping people to develop confidence in digital to improve their mental health and wellbeing?

We invite you to be part of our co-design process exploring Digital Champion training for mental health. Sessions will take place via Zoom. If you are able to make both sessions that's great. If not, your contribution will still be hugely significant for one session.

Session 1: Making sense of digital inclusion in a mental health setting.

Tuesday 25th July 1pm – 3pm

Session 2: Exploring the digital inclusion journey in a mental health setting (review of input from Session 1)

Tuesday 1st August 9:30am – 11:30am

All participants will be invited to attend the free training session when they launch in September 2023.

To register your interest please complete the following [form](#)

[Digital Inclusion Website](#)



Digital Health
& Care Scotland



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collective

