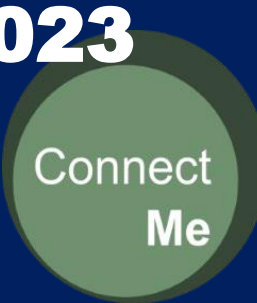


Digital Home Blood Pressure Monitoring at 31 August 2023



+ 14 Health Boards

60% GP Practices

81,846 total recruitment

27,235 in past 12 months

What did people think?

96%
Liked it

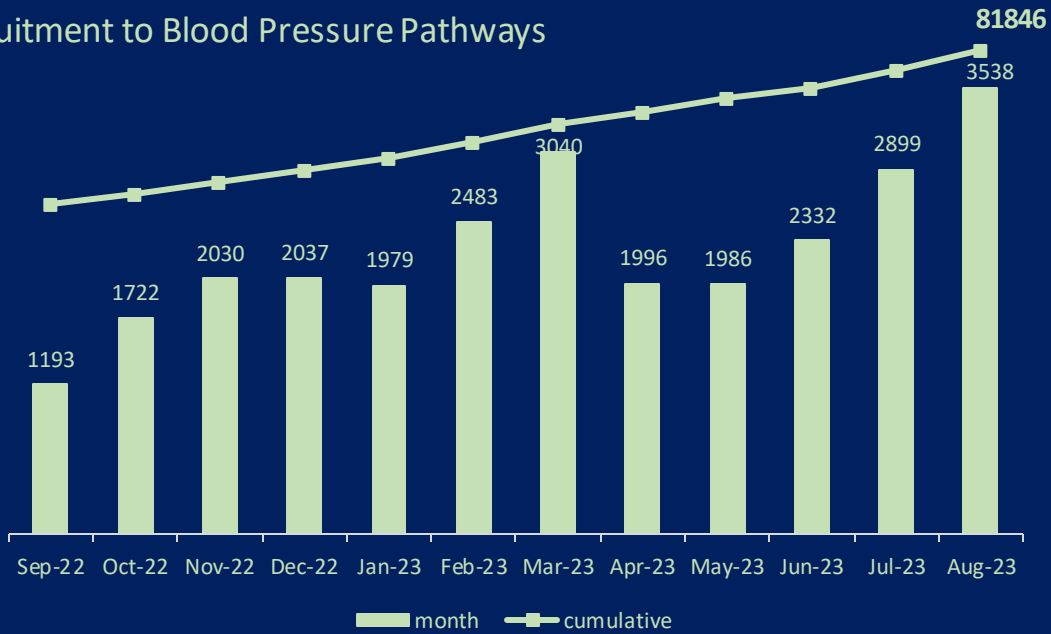
97%
Found it easy/ok to use

93%
Would use it again

29%
Of Adults in Scotland have **high blood pressure** (Scottish Govt)

50%
Of all Strokes and Heart Attacks are caused by **high blood pressure** (BHF)

Recruitment to Blood Pressure Pathways



Impact:

Over 270,000
Appointments saved

£11.7 m saved
Cost effect over 10 years

For every 50,000
People who routinely monitor BP, up to **745 strokes and 500 heart attacks** could be avoided over a 5 year period
(British Heart Foundation)

Avoided appointments

Reduced Travel

Convenient and saves time

Reduced Infection Risk

Improved access to services

More accurate readings to aid clinical decisions

“more patients are taking responsibility for their own health and wellbeing”

Data Sources: Florence (self-reported by Health Boards, Inhealthcare, Connect Me standard patient survey, Scale-UP BP evaluation

(Michael et al (2019), 2017/18 costs)

Blood Pressure (Primary Care) Pathway



Connect me - Blood Pressure (Primary Care) Pathway
Number of Activations by month & cumulative

