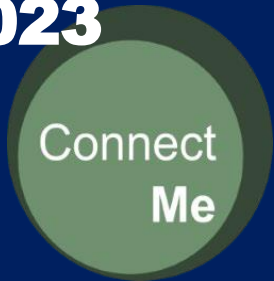


Digital Home Blood Pressure Monitoring – as at 31 December 2023



12 Health Boards*



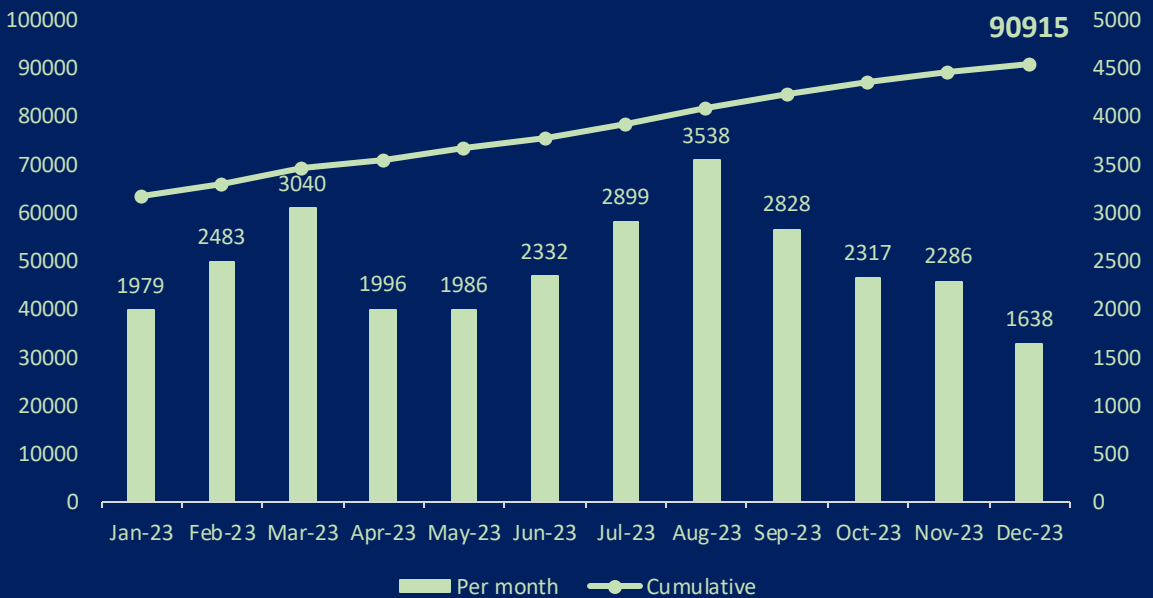
47% GP Practice**



90,915 total recruitment

29,322 in past 12 months

Recruitment to Blood Pressure Pathways (12 month rolling)



What did people think?



96%
Liked it or thought it was ok



98%
Found it easy or ok to use



91%
Would use it again
(448 responses received Dec 2023)



29%
Of Adults in Scotland have high blood pressure (Scottish Govt)



50%
Of all Strokes and Heart Attacks are caused by high blood pressure (BHF)

Impact:



Over 360,000
Appointments saved



£13.6m saved
Cost effect over 10 years

(Michael et al (2019), 2017/18 costs)



For every 50,000
People who routinely monitor BP, up to **745 strokes and 500 heart attacks** could be avoided over a 5-year period (British Heart Foundation)



Avoided appointments



Reduced Travel



Convenient and saves time



Reduced Infection Risk



Improved access to services



More accurate readings to aid clinical decisions

“more patients are taking responsibility for their own health and wellbeing”

Notes:

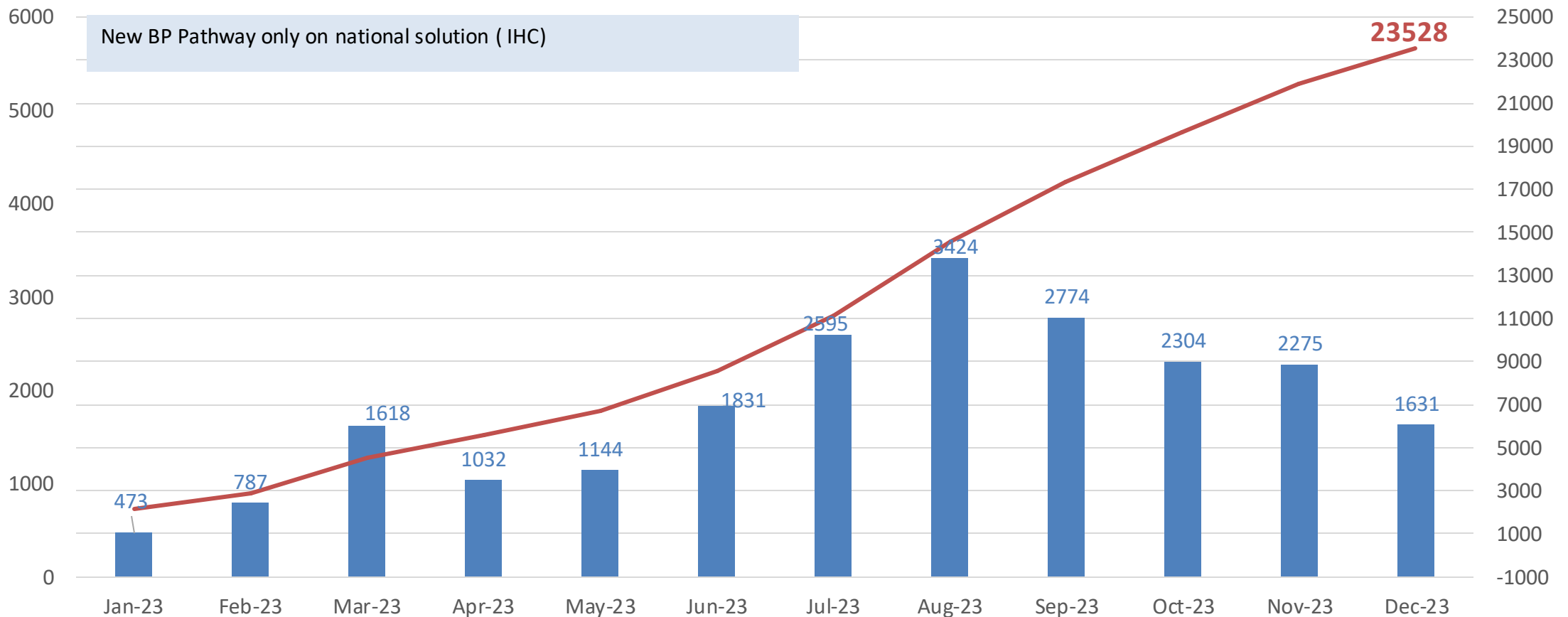
- All 14 Health Boards engaged With Connect Me in preparation , 12 Boards are fully onboarded and recruiting
- ** GP practices have access to national platform and received training, some 'drop-off' in transition from legacy system hence reduction from previously reported 60%.

Data Sources: Florence (self-reported by Health Boards, Inhealthcare, Connect Me standard patient survey, Scale-UPBP evaluation)

Blood Pressure (Primary Care) Pathway



Connect me - Blood Pressure (Primary Care) Pathway
Number of Activations by month & cumulative



Data Source: Inhealthcare reporting dashboard (Provisional Data)

■ Per Month

— Cumulative

Please note: Correction applied to November data