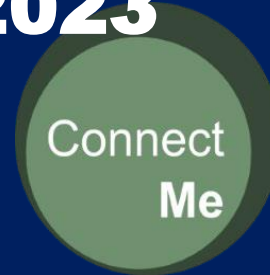


Digital Home Blood Pressure Monitoring as at 30 June 2023



14 Health Boards

60% GP Practices

75,409 total recruitment

23,619 in past 12 months

What did people think?

96%
Liked it

97%
Found it easy/ok to use

93%
Would use it again

29%
Of Adults in Scotland have **high blood pressure** (Scottish Govt)

50%
Of all Strokes and Heart Attacks are caused by **high blood pressure** (BHF)

Impact:

Over 250,000
Appointments saved

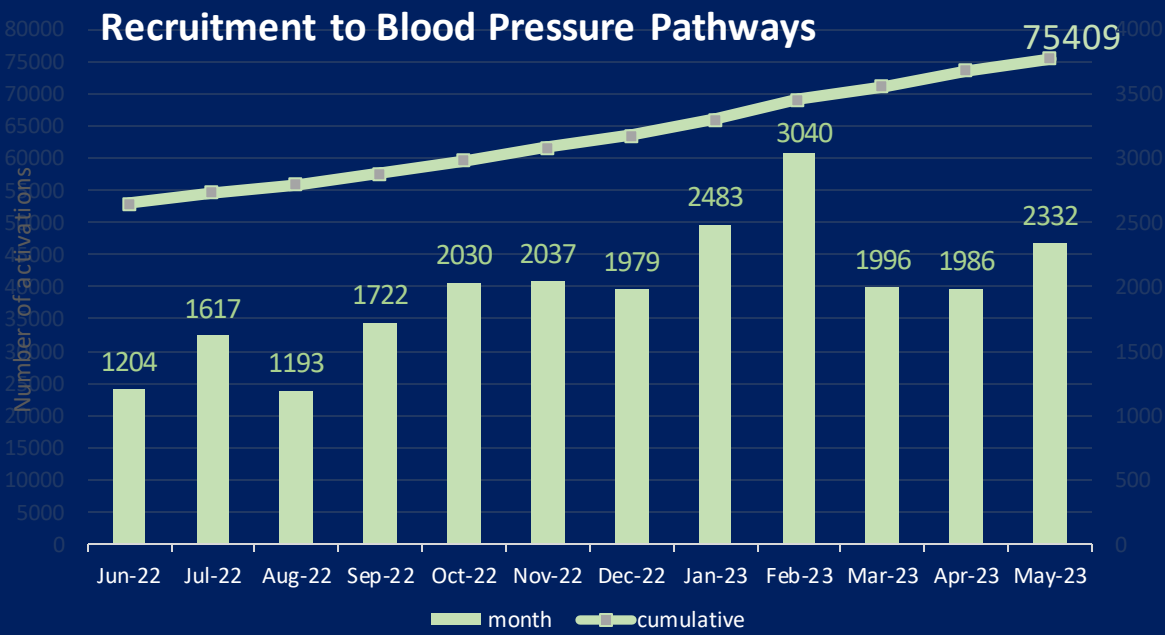
£10.8 m saved
Cost effect over 10 years

For every 50,000
People who routinely monitor BP, up to **745 strokes and 500 heart attacks** could be avoided over a 5 year period
(British Heart Foundation)

- Avoided appointments
- Reduced Travel
- Convenient and saves time
- Reduced Infection Risk
- Improved access to services
- More accurate readings to aid clinical decisions

“more patients are taking responsibility for their own health and wellbeing”

(Michael et al (2019), 2017/18 costs)

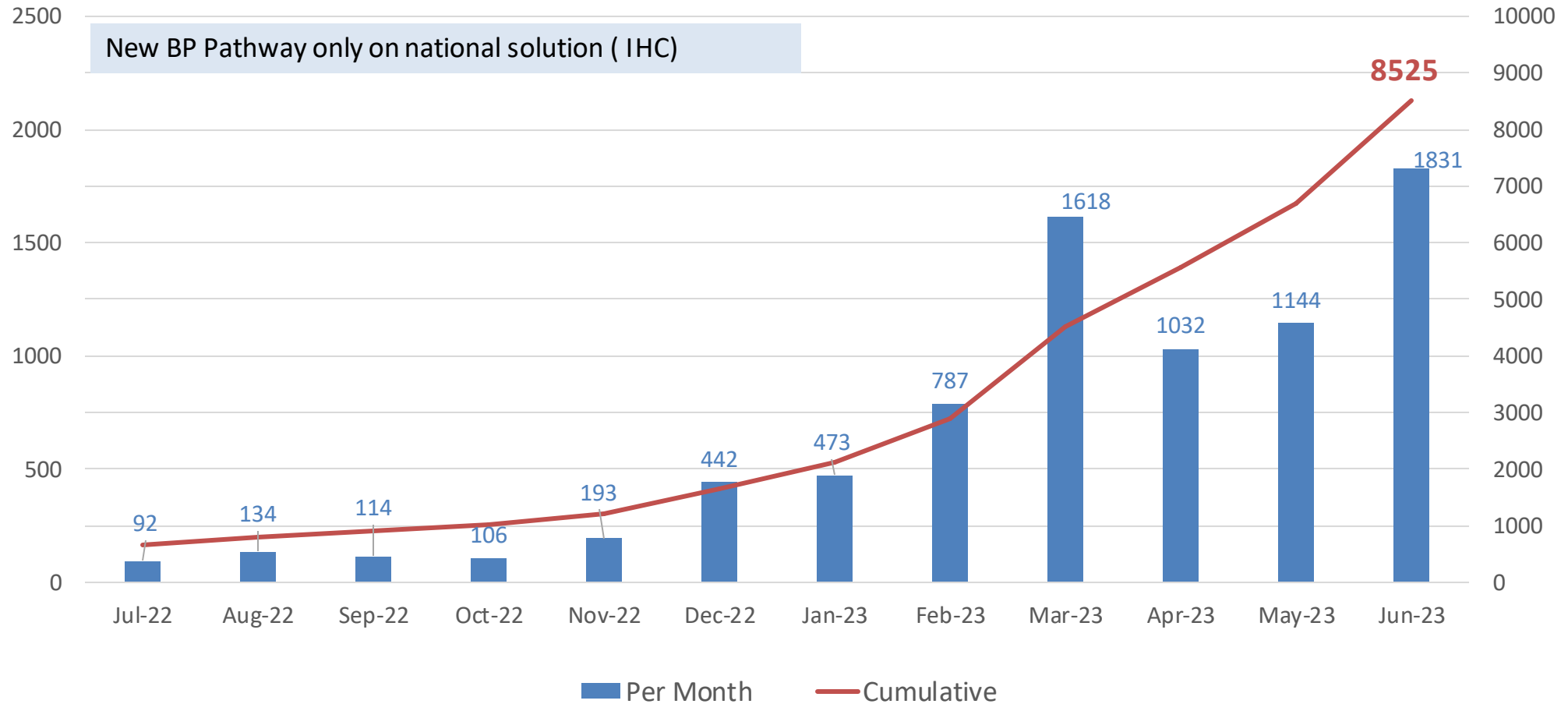


Data Sources: Florence (self-reported by Health Boards, Inhealthcare, Connect Me standard patient survey, Scale-UP BP evaluation)

Blood Pressure (Primary Care) Pathway



Connect me - Blood Pressure (Primary Care) Pathway
Number of Activations by month & cumulative



As at 1 July 2023