




What will I need?

In order to use the NHS Connect Me Urogynaecology Service, you will need access to:

- A smartphone, tablet, laptop or PC device to access the Inhealthcare (IHC) website
- A reliable internet connection
- An email address
- Your date of birth



How to use the NHS Connect Me Urogynaecology Service

- Click on the Inhealthcare (IHC) platform link found in the invitation email you received
- Enter your date of birth to login 



For further information and guidance please visit our website <https://TEC.scot/UsingConnectMe> where you will be able to view tutorial videos about how to get started on the service.



What does the service do?

- Asks you to complete an initial symptom questionnaire by answering some questions about your symptoms, their effect on your quality of life and your expectations of the future treatment.
- In some conditions asks you to complete a Quality-of-Life questionnaire by answering some questions about how your conditions and symptoms are affecting your overall lifestyle and wellbeing.
- Offers you an access to useful patient information materials about your potential conditions and your treatment options.
- Provides guidance and tips in the My Information section of the platform.



What does the service do with my answers?

The Urogynaecology service will review your completed questionnaires/answers, before your appointment with them. This will help them understand your conditions and what matters to you, identify next steps and provide better patient care and experience. It will also help in making any future consultations with your specialist clinicians more informed and productive. help inform any future discussions with your clinicians more informed and more productive.



What else should I know?

We hope you will find the Inhealthcare Urogynaecology service enjoyable to use and that it will help you to understand your conditions better, know about your treatment options further, and be prepared for more reproductive and meaningful discussions with your care providers, in addition to provide you with some tools to manage your symptoms better. However, if you do not find the service helpful, you can opt out at anytime, by using the Opt Out task on the My Inhealthcare platform.



Please note that Inhealthcare is not an emergency service. Your answers will not be viewed by a clinician straight away.

**If you need medical assistance, you should phone your family doctor (GP) or call NHS 24 on 111
In case of an emergency, dial 999**