

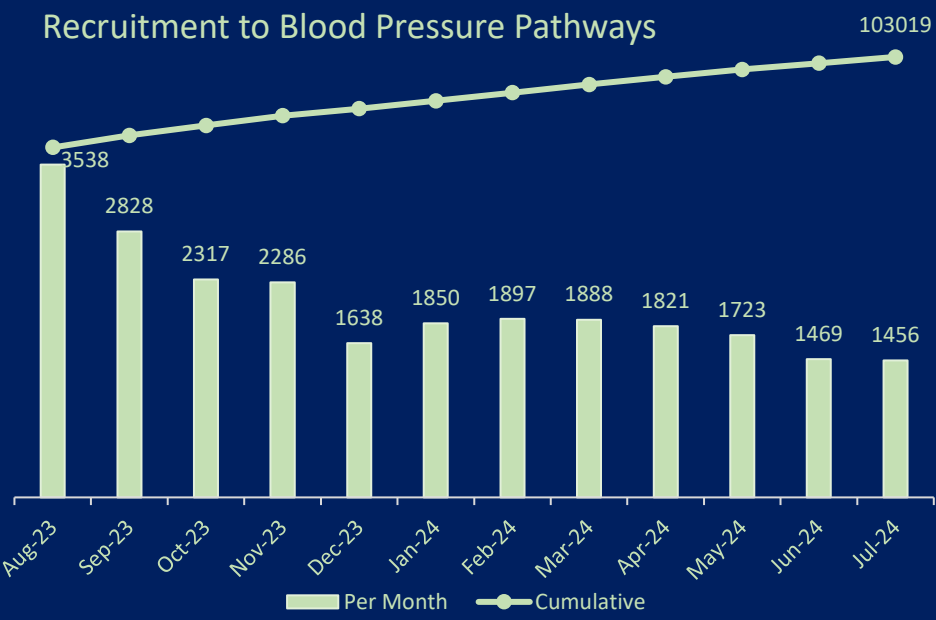
Digital Home Blood Pressure Monitoring – as at 31 July 2024



12 Health Boards*

50% GP Practice**

103,019 total recruitment
24,711 in past 12 months



What did people think?

- 98%** Liked it or thought it was ok
- 98%** Found it easy or ok to use
- 94%** Would use it again
(453 responses received May 2024)

- 29%** Of Adults in Scotland have **high blood pressure** (Scottish Govt)
- 50%** Of all Strokes and Heart Attacks are caused by **high blood pressure** (BHF)

Impact:

- Over 400,000** Appointments saved
- £15.5m saved** Cost effect over 10 years
(Michael et al (2019), 2017/18 costs)

For every 50,000 People who routinely monitor BP, up to **745 strokes and 500 heart attacks** could be avoided over a 5-year period *(British Heart Foundation)*

- Avoided appointments**
- Reduced Travel**
- Convenient and saves time**
- Reduced Infection Risk**
- Improved access to services**
- More accurate readings to aid clinical decisions**

“more patients are taking responsibility for their own health and wellbeing”

Notes:
 • All 14 Health Boards engaged With Connect Me in preparation , 12 Boards are fully onboarded and recruiting
 ** GP practices have access to national platform and received training, some 'drop-off' in transition from legacy system hence reduction from previously reported 60%.
Data Sources: Florence (self-reported by Health Boards, Inhealthcare, Connect Me standard patient survey, Scale-UP BP evaluation)

Blood Pressure (Primary Care) Pathway



Connect me - Blood Pressure (Primary Care) Pathway
Number of Activations by month & cumulative

