

'I was able to hear other people who had the same problem as me and what stages they where at and what they were doing to help with the pain.'

~ Caller

It is possible to have a lot of people on the call, and to see all of them clearly - the quality was very good.'

~ Provider

## About **Group Consultations**

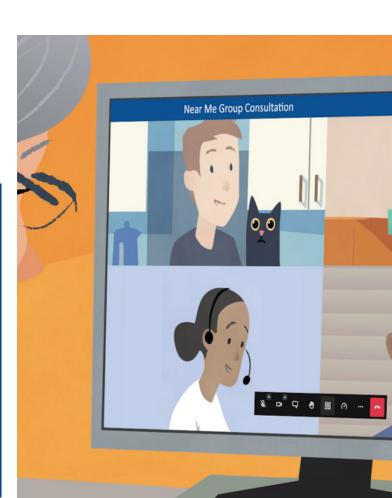
Near Me Groups enables providers to address the health and wellbeing needs of people while ensuring the effective and efficient use of their time.

Group consultations also provide a safe environment where people can gain mutual support from others with a shared health condition as part of their self-management.

# For support to implement Near Me into your service, email: nss.nearme@nhs.scot For more information visit www.tec.scot/nearme Scottish Government Riaghaltas na h-Alba gov.scot



# Near Me Group Consultations



### **Near Me Groups**Features

Similar to Near Me consultations, Near Me Groups provides a single, secure and consistent entry point, where callers enter an online waiting area before joining the group.

It is easy for callers to use, with no log in or account required.

Callers enter their full name in the usual caller entry screen, however only their initials are seen by other callers. The provider will see the caller's full name. Full names can be set to viewable to the whole group by the provider.

Providers can select who to admit, share their screen, mute participants and, if necessary, remove people from the call.

A chat function is also available which can be switched on or off for the group. Breakout rooms can also be created.

Up to 25 callers can be viewed at the same time on screen. The maximum number of participants is 250.

Groups can run for up to 2 hours.

## Examples of **Near Me Groups**



Mental Health: Dementia Support, Psychotherapy , Child & Adolescent Mental Health



Dietetics: Diabetes Management, Weight Management



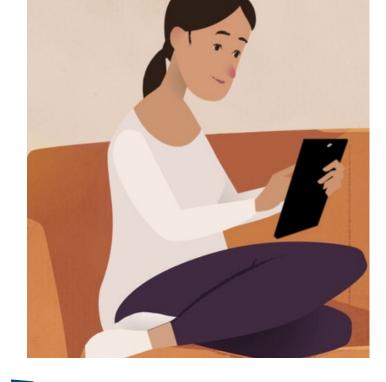
Maternity Services: Perinatal Psychology, Antenatal Support



Physiotherapy: Cardiac Rehab, Pulmonary Rehab, Musculoskeletal



Speech & Language Therapy: Conversation Groups



#### The Caller

#### Experience

Callers can join a group simply and easily. The level of their name visibility is clearly stated at the beginning of the call either initials or full name.

Callers can use the chat if activated plus blur their background. They can put their hands up to speak plus turn their microphone and cameras on or off.